

Alverton Spa

30 Alverton Street Penzance

OPENING HOURS

9am-5.30pm, Monday to Friday

9am-3.30pm on Saturdays

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IMAGINE...leaving behind the hustle and bustle of your busy life, stepping into a haven dedicated to relaxation and beauty.

Alverton Spa is just that: a sanctuary where every element of your visit has been carefully thought through to ensure your experience with us is unforgettable.

Offering luxurious treatments and therapies has made us one of Penwith's leading beauty spas for over 15 years.

NEW TO ALVERTON SPA IN 2017/18

Experience the ultimate Fire & Ice Facial

A firm favourite with Hollywood's top names, including Halle Berry and Gwyneth Paltrow and best selling treatment at the Four Seasons, Beverley Hills. This results-focused resurfacing peel treatment leaves skin clearer, brighter and smoother without any downtime.



FAQs

What time should I arrive?

Please arrive 10 minutes prior to your appointment - late showing will deprive you of treatment time.

Who should I tell if I have any special concerns?

Please inform us when you book an appointment if you are pregnant, have had any recent injuries, surgery or any cosmetic procedures as some treatments may be unsuitable.

Do you treat men?

We offer HydraFacials and hand and nail treatments.

Cancellation charges

Please give **48 hours' notice** if an appointment cannot be kept. We reserve the right to **charge 50%** of the treatment price.

We take a £15 deposit at time of booking for selected treatments.

Spa relaxation policy

The salon is not a suitable environment for young children. We also ask everyone to keep phones on silent or to switch them off.

HydraFacial MD®

SKIN HEALTH FOR LIFE™

DETOXIFY • REJUVENATE • PROTECT

FOR ALL SKIN TYPES

HydraFacial is the newest advance in non-laser skin resurfacing

HydraFacial is the only Hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection, resulting in clearer, more beautiful skin with no discomfort or downtime. The treatment is soothing, moisturising, non-invasive, non-irritating and suitable for all skin types. **Choose from three options (right).**



Skin Health for Life 50mins...£75

Ideal for improving the overall condition and health of your skin.

Recommended as a monthly treatment.

Anti-Ageing Treatment

1hr...£95

Course of 6 (7-10 days apart)...£475

Addresses lines, wrinkles, and hyper-pigmentation. A Peptide Complex for building firmness and enhancing skin elasticity is used.

Acne Treatment

50mins...£75

Course of 6 (7-10 days apart)...£375

Your skin will be deeply cleansed and then a Glycolic peel will decongest and resurface the skin, leaving it perfectly clean and smooth. Blue Light Therapy is used to heal spots and reduce oil production.

IS CLINICAL



These intensive medi-facials are clinically formulated with pharmaceutical-grade botanicals. They rapidly and safely resurface the skin, reduce fine lines, address problematic skin and encourage cellular renewal.

Fire & Ice Facial

45mins...£72

Ideal for fine lines and wrinkles, dehydrated skin, uneven complexions and hyper-pigmentation.



Champagne Enzyme Facial

45mins...£62

Ideal for sensitive skin, Rosacea, dull skin and problematic skin.

The Elements

1hr 20mins...£125

A fusion of celebrity favourite treatments: HydraFacial + Fire and Ice = The Elements, a game changing skin-rejuvenating facial. An unforgettable 15-step experience!

Elemis: Touch Anti-Ageing Facials

Pro-Collagen Age Defy

1hr...£62

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of Marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

Pro-Definition Lift and Contour

1hr...£68

Powered by breakthrough technology, this facial helps restore the architecture of the face using potent nutrients in plant actives found to help support the extra-cellular matrix. This creates a profoundly sculpted, youthful effect.

Dynamic Resurfacing Precision Peel

1hr...£62

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for a powerful exfoliation and renewal.

A new start for smoother, younger-looking skin.



Elemis: Touch Skin Solutions Facials

Superfood Pro-Radiance

1hr...£62

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit-up with good health.

Sensitive Skin Soother

1hr...£62

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protects against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

Elemis Couture Touch: Body

1hr...£70/2hrs*... £100

*please note, 2hr option is only available with Deep Tissue Massage

Condition your skin and muscles with this all-embracing experience.

Combine a 30mins or 1hr Elemis hands-on Touch facial with your personalised Deep Tissue Massage or Hot Stone Massage*



Body massage

Please note: massage for ladies only.

Elemis Deep Tissue Massage

Deep, rhythmic pressure massage. Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, or relaxation.

1hr 30mins (includes face and scalp)...£70

1hr (full body)...£54

30mins (back)...£34

Swedish Massage

If you prefer a more relaxing massage, this one's for you.

1hr 30mins (includes face and scalp)...£62

1hr (full body)...£47

30mins (back)...£27

Hot Stone Massage

30mins...£35

The application of heated basalt stones and soothing oils helps give a deeper and more intense massage, creating sensations of comfort and warmth. Ideal for muscular pain, stress and back pain.

New Body treatment

Elemis Garden of England

Rose Restore massage

1hr...£55

Take a walk in an English Rose Garden with this lavishly hydrating body massage. The skin is anointed with a trio of rose, camellina and poppy seed oils to restore elasticity and encourage skin renewal.

Skin is left exquisitely moisturised, supple and wonderfully scented.

Beauty packages

Holiday Prep

2hrs...£64

Essential treatments prior to your getaway! Includes full-leg and underarm wax, eyebrow shape, eyelash tint* and mini-manicure.

Pick 'n' Mix

1hr 30mins...£65

It's your turn to choose! With our selection of six 25-minute treatments, you select three and create your own bespoke package.

Choose from:

Express facial

Back massage

Back exfoliation

Express manicure

Express pedicure

Lash tint* and brow tint.

* Patch test required at least 24hrs prior to tinting

Express treatments

Booster facials

35mins...£40

A great pick-me-up for your skin. Choose to firm, hydrate or resurface your complexion in just over 30mins!

Express Hydrafacial

25mins...£49

An express version of HydraFacial, the only Hydradermabrasion procedure that combines cleansing, exfoliation, extraction, hydration and antioxidant protection, resulting in clearer, more beautiful skin with no discomfort or downtime.

Body treatments

Aroma Spa Ocean Wrap

1hr 15mins...£73

A deeply detoxifying blend to decongest and stimulate the system.

Let thoughts drift away, while being cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.

Exotic Face and Body Duo

1hr 15mins...£65

This indulgent therapy gently invigorates and nourishes your skin using an beautifully intoxicating Monoi oil salt scrub.

While your skin absorbs the conditioning oils, lay back and enjoy a wonderfully indulgent facial treat using exotic fruit and plant oils to cleanse, hydrate and brighten your skin.

Hand and foot therapy



When it comes to natural nails, Jessica Cosmetics is considered a world leading brand with a range of products to achieve and maintain naturally beautiful nails. Movie stars, models and VIPs in the US have become avid users of Jessica Nails.

Jessica GEL manicure	£39
Jessica mini-GEL	£30
Jessica manicure	£28
French manicure	£32
Nail shape/polish	£19
Jessica spa pedicure	£34

Callus Peel

£20...or £15 as an add-on to a pedicure

A quick and effective peel for hard skin and calluses. Amazing results in just 20 minutes. Feet are left feeling incredibly soft and smooth.

Eye treatments

Patch test required at least 24hrs prior to tinting

Eyebrow wax	£9
Eyebrow tint	£8
Eyelash tint	£12
Eyelash tint, eyebrow tint and eyebrow tidy	£26



Waxing for face and body

We use Tea Tree Cream Wax, which has excellent anti-septic and bactericidal qualities. It has no added colourings so will reduce the risk of a reaction and is suitable for sensitive skin types.

Full-leg (incl. bikini)	£32
Three-quarter leg	£25
Half-leg	£18
Forearms	£16
Underarms	£8
Bikini	From £9
Face	£8
Lip or chin	£5

Please note: waxing for ladies only.